

Training to Improve Achievement at Aceh-Sumut Pon 2024 the International Boxing Association Standard Referee

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ABSTRACT

The purpose of this service is to increase the human resources for amateur boxing at the provincial level by uniting in achieving achievements at the 2024 Aceh-North Sumatra PON, several agreements from partners include providing national standard training and refreshments for those who are certified. The solution to the problem was agreed only to provide training/upgrading of regional referees. The results of the activity went well. In the initial pre-test data, 65% answered correctly out of 10 questions given by the committee and 85% of the post-test results were almost perfect out of 10 questions. The conclusion to go to international standard training requires a lot of money, it is necessary to have a derivative from each participant who has passed the basic qualifications. suggestions in the following service to refresh the quality of referees must continue to be carried out in stages as a scientific reflection.

INTRODUCTION

At this time amateur boxing is under the government's attention through the sports minister with the existence of the National Sports Grand Design (DBOM) with the ultimate goal of being the Olympics, therefore improving the quality of trainers must be in line with the ministry's program and the Central PP-PERTINA. The latest AIBA boxing regulations for West Nusa Tenggara are currently not optimal, especially since the data shows that only 3 coaches hold licenses for the West Nusa Tenggara provincial boxing committee and only 6 referees. Based on the data above, there are often fist fights and fights between coaches and referees, these fights tend to be due to misunderstandings between coaches regarding referee instructions and this is dominated by the character of a boxer himself who tends not to accept defeat, dirty words, and even insults trigger boxer supporters. We know this together and we know that the main problem, in this case, is that training/or training for trainers and referees must be intense to support NTB achievements in the world of boxing.

NTB itself, according to last year's data at the Papua PON sports week, sent 4 athletes and all entered the final. This proves that NTB can win and can achieve, especially since this is supported by the ability of a coach and it is important for a coach to get a certificate/license in training there are several license categories for a trainer including 1-star AIBA The license is the most basic certification and is very important because, in the basic license training, there is material regarding training education. Demands as science develops, coaches must also meet these demands which are known as the Sports Society. Achievements in sports can be achieved not only by following the physical training program ordered by the coach, but players must have positive thoughts that control their behavior. Sports psychology training is an integral part of the annual training program or periodization of training between coaches and referees. This training will also be added to training in handling sports injuries and providing action at the time of the incident on location to make it easier for coaches to minimize the risks experienced by athletes so that we are concerned that NTB will create a training program/upgrading of coaches and referees to international standard boxing amateur.

IMPLEMENTATION AND METHODS

Implementation of this activity in collaboration with PERTINA NTB. The implementation of this activity involves related elements such as the LECTURERS board and the COACH. The executor of this dedication activity is the Sports Lecturer majoring in sports education at UNU as well as from PP-Central circles who help carry out the activity. The delivery of this material will provide understanding to participants through face-to-face meetings, game education, health education, and recitation so that participants do not get bored in carrying out learning activities. in the field. The stages of implementation of activities include.

Activity participants Participants in the community service activities are members of PERTIAN City Regencies throughout NTB 2. Preparatory stage At this stage a location survey and coordination were carried out to determine the location of the activity. And location permits along with event mechanisms to comply with health protocols, 3. Implementation stage This activity is held Monday-Sunday from 09:00 until finished. Because the accommodation has been prepared 4. Evaluation stage At this stage an evaluation is carried out by asking for responses or impressions from those in charge of the activity. Opinions were conveyed openly after the activity was completed and the role of this activity.

The activity implementation method is planned for 6 months with a 2023 budget for the next stage This stage consists of several steps:

1. Identification of the scope, with the aim of maintaining the consistency of community service activities to achieve the expected goals.
2. Design stage At this stage we design and develop plans in advance to facilitate the course of activities with partners.
3. Evaluation Phase after providing assistance to partners to find out the success of what has been done and identify mistakes during the mentoring and anything that can interfere with the course of activities to facilitate further pre-test and post-test services through goggle foam which is distributed to facilitate activities.



Picture 1. Results of training activities

Session 1 activities focused on providing basic material to be applied in the field using PowerPoint media. Then the activity of session 2 of direct practice in the boxing ring is an activity of applying the material obtained in the previous session. The models used in the training include: Lectures, used to present material to improve competence, secondly practice to assess the extent to which theoretical understanding is obtained. Finally, questions and answers are used to find out to what extent the material delivered by the trainer can be absorbed/understood by the training participants.

RESULTS AND DISCUSSION

No Activity/Material Description Results obtained 1) Pre-test Implemented Participant knowledge is 60%. 2) Fitness Tests Complete Participant fitness of at least 50%. 3) Referees Referee Code of Conduct Roles and duties of the referee/judge Implemented Participant knowledge of the material provided in the form of direct practice 70 and theory 30%. 4) Post-tests Completed Knowledge increased to 85%. The results of the boxing trainer and referee training activities with a total of 11 participants and 4 resource persons. postgraduate graduates 2 people. On average, 2 private teachers work 5 village secretaries 1 trainer 2 people and 1 person does not work

Table 1. pretest and posttest results

Pre-Tes	Pos-tes
57%	Low
85%	Medium
	High

The quality level of boxing matches (boxing competition quality) it is necessary to know the organization of the national championship to determine at which level championship quality. Measuring the quality of matches is not easy to do because the quality of the match is abstract. There never was research conducted to measure the quality of matches. Regulations concerning the classification of boxers regulate two classifications, viz 1) Boxer Age Classification and 2) Weight Classification. Age classification divides boxer categories according to boxer age. Categories of boxers by age are divided into three. Men and women boxers aged 19 to 40 years are included in the boxer category 31 Elite. Male and female boxers aged 17 to 18 years are included in the Youth category. Furthermore, male and female boxers aged 15 to 16 years are included in the boxer category juniors. The calculation of the boxer's age is based on the year of his birth.

CONCLUSIONS AND RECOMMENDATIONS

Empowerment of amateur boxing organizations starting from enforcing the rules with training or upgrading of referees has been carried out well by increasing abilities in every physical aspect and code of ethics both in terms of participant knowledge and method skills in its implementation according to the needs of training participants to suit their characteristics and needs. The impact and benefits after the implementation of this training activity were clearly seen from the results of the post-activity evaluation, with the results of the championships being led. Furthermore, the service team will hold international standard training to prepare to host PON. With this training, it is hoped that the quality of the referees/judges will appear more important and authoritative in the eyes of the trainers themselves in enforcing the rules in order to create a Highly Achieved NTB.

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