

## Socialization and Education on Prevention Method Covid-19 in Sidoharjo Village I Pasar Miring

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**ABSTRACT:** Covid-19 is a disease caused by infection with the Sars-CoV-2 virus, first identified in Wuhan City, in Hubei Province, China in December 2019, where the Covid-19 virus is a virus that can be transmitted. As a result of the actions of people who lack awareness to comply with the regulations set by the government, many people are exposed to the Covid-19 virus which has become an epidemic. The aim of this author is to help the public by providing information about the dangers of Covid-19, helping the public to maintain their immune system by utilizing the properties of the red ginger plant as a health drink for the public during the pandemic. And provide Covid-19 education to kindergarten children so they know about the dangerous virus that is currently endemic. The author uses several methods, namely the first is the observation method, the second is the interview method. Based on data from observations carried out in Sidoharjo I Pasar Miring Village and carried out on community behavior in implementing health protocols in the first week and second week, it can be concluded that the community does not care about the dangers of the spread of the corona virus, so many people do not comply with the health protocols that have been implemented. determined by the government. This way of thinking in society is called cognitive bias, which always makes mistakes in thinking and interpreting things. To avoid cognitive bias, especially in the case of the Covid-19 outbreak, people should be more careful in making decisions and acting, they should be more careful in making decisions and acting, so that everything they do does not have a negative effect on other people, especially In terms of daily activities carried out both indoors and outdoors, they must comply with protocols health.

**Keywords :** Covid-19, Socialization, Education, Masks, Posters

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## **INTRODUCTION**

In March 2020, the Covid-19 virus first entered Indonesia, starting from a small number of fatalities to peaking in more victims, as a result of Covid-19. This incident occurred because many people did not comply with all the regulations set by the government, resulting in more and more people dying. The indifference of people living in villages also considers events like this to be normal, seen from a number of daily activities, where many still do not comply with health protocols such as not wearing masks or keeping their distance.

Covid-19 is a disease caused by infection with the Sars-CoV-2 virus, first identified in Wuhan City, in Hubei Province, China in December 2019, where the Covid-19 virus is a virus that can be transmitted. As a result of people's actions that lack awareness to comply with the regulations set by the government, many people are exposed to the Covid-19 virus which has become an epidemic. In Sidoharjo I Pasar Miring Village, exactly in August 2021, this village was recorded as a location with Covid-19 red zone status. This happened due to a lack of awareness among the community to comply with the regulations set by the government, so that this village had red zone status.

The problem faced by society is that concern is still covered by a feeling of indifference. The dangers of Covid-19 reported by the media have not yet made people living in villages aware of the exposure to the Covid-19 virus which has become an epidemic in Sidoharjo Village 1 Pasar It's right in August 2021, where this village has a location with status Covid-19 Red Zone. This happens due to a lack of public awareness to comply with the regulations set by the government, up to this village status Zone Red.

There is community service activities for reach success in Running a work program requires partners in cooperation. Partner In Sidoharjo Village 1 Pasar Miring, village officials are targeted, including also the Village Head with the target being the community to receive education or knowledge about the dangers of Covid-19. With the involvement of partners from the device village makes it easier For communicate with public as target in give all information about Covid-19. Information Which given to the community is a real form of what happens in Indonesia and how to avoid being infected by the corona virus outbreak or Covid-19.

Public have characteristic and attitude Which different on every individuals, but there is one common attitude, namely caring for each other. For That public must strengthen bond concern between each other to remind each other about the health dangers of Covid-19 Already epidemic. Concern public can zoom out number death Which caused by exposure to the corona virus. A caring society is the beginning Indonesia Which free from all disease.

Application protocol Health is very important, as stated by (Yurianto, 2020) the Government spokesperson for handling Covid-19, that wear a mask and take care distance is Wrong One method important For prevent transmission Problem Which faced on public that is that concern still covered by a feeling of indifference.

As is known, the corona virus attacks immunity the body so that as a result the body is unable to deal with the virus anymore. Therefore as a team

implementing community service activities in Sidoharjo I Village Market Crooked help awaken as well as remind Again to society Which There is in village so that can increase concern public in face danger Covid-19 Which Already epidemic.

## IMPLEMENTATION AND METHODS

### Activity Implementation Plan

Table 1. List of Activity

No	Name Activity	Time Implementation	Place	Number of Participant	Note
1.	Survey and permission to carry out community service	Saturday, 11 September 2021	Sidoharjo Village1 Market crooked	3 person	Browse surroundings village
2.	Socialization Covid-19 distribution of masks and poster to House public around	Monday, 13 September 2021	Sidoharjo Village1 Market Crooked	15 People	Socialization and Giving face mask And poster to public around

There are several methods that are used, as follows:

#### a. Observation Method (Observation)

Observation is a data collection tool that is carried out by systematically observing and recording the symptoms that exist in Sidoharjo I Pasar Miring Village. In this observation method, the author goes directly to observe directly the implementation of community service activities, activities and social phenomena that occur as a result of the implementation of community service . The data required in this observation method is to observe directly at the location, the implementation of the process, and the student program activities at Muhammadiyah University of North Sumatra.

#### b. Interview Method (Interview)

Data collection through interviews was carried out through direct questions and answers with the data source . An interview is a tool for gathering information by asking questions orally to be answered orally. The main characteristic of an interview is direct face-to-face contact between the information seeker and the information source. In this in-depth interview, the researcher conducted the information that was the object of this research, namely the surrounding community, the village head and the owner of the MSME wedang ginger Ibu Atun. This interview aims to obtain information that is relevant to the main research problem, namely student collaboration with the community of Sidoharjo I Pasar Miring Village.

## RESULTS AND DISCUSSION

Based on data from a survey conducted in Sidoharjo I Pasar Miring Village, it was found that in the community's behavior in implementing health protocols in the first and second weeks, it was concluded that the community lacked concern about the dangers of the spread of Covid-19 so that many people did not comply with the health protocols that had been *implemented*. determined by the government. This way of thinking in society is called cognitive bias. There are always mistakes in thinking and interpreting something.

It started with a visit to village stakeholders, namely the head of Sidoharjo I Pasar Miring Village, which was carried out at the office of the head of Sidoharjo I Pasar Miring Village. From this, permission was obtained to carry out activities in Sidoharjo I Pasar Miring Village by providing a letter of recommendation from the village and obtaining information on what occurred in the village. Then, on the second day, after conducting the survey and asking permission from the village, the implementers then carried out a survey directly to the location and asked for permission to carry out the community service program.

The next preparation is to prepare materials as a means of supporting education and socialization. Distribution of masks and distribution of procedures. This aims to make it easier for implementers to provide education with attractive images and designs so that they are easy for the local community to understand.

Implementation of Community Service conveys that the aim of community service activities is to provide education to the community as learning material. The aim of this community service activity is to provide additional knowledge about Covid-19 and health education for the community and the owner of the Ginger Wedang MSME, namely Mrs. Atun and several of her workers so that later it can be disseminated to families and communities in the surrounding area. The form of service carried out was through *Focus Group Discussion* (FGD) and delivery of material and training on healthy lifestyles which was attended by 15 participants. Participants appreciated the service program carried out well.

During the meeting, the speakers explained how healthy behavior can prevent corona. Until now, vaccines have been given to the public, but a special drug to treat the corona virus has not been found. So the only most effective way is to prevent it, namely by implementing clean and healthy living behavior (PHBS). Some things that can be done are:

### 1) **Eat nutritious**

Consuming nutritious foods, especially sources of Vitamin C and Vitamin E, can increase the body's resistance to disease. Consuming nutritional sources directly from food will be better than getting them from additional supplements. However, if your body needs additional supplements, you

can also take vitamin and mineral supplements.

**2) Exercise regularly**

Regular exercise can prevent viruses from entering the body. Exercise doesn't have to be outside the home. In *pandemic conditions*, exercise can also be done at home.

**3) Wash your hands often**

Washing your hands with soap in running water is a very important factor in killing viruses that stick to your hands. Washing hands for approximately 20 seconds needs to be a habit so that we don't get infected and don't infect ourselves. Washing your hands with hand sanitizer is a second alternative if there is no place to wash your hands with soap. According to WHO, the alcohol content in *hand sanitizer* is at least 60%. It is highly recommended that every time we leave the house we always carry hand sanitizer in our bag or pocket

**4) Avoid touching your face**

Avoid the habit of touching the triangular area of the face, namely the eyes, nose and mouth, because it is through this door that the corona virus enters the human body.

**5) Wear a mask**

The corona virus can be transmitted through *droplets*, namely fluids that come out when coughing, sneezing or splashing saliva when talking. Therefore, using a mask can protect other people who we might infect or prevent other people from infecting us. There are many things that go wrong when using a mask, for example removing the mask when talking.

**6) Get enough rest**

Sufficient and quality sleep of approximately 7-8 hours can increase the body's immunity. Avoid staying up late at night.

**7) Coughing and sneezing etiquette**

Don't cover your mouth with your hand when coughing or sneezing, but use a tissue, handkerchief or cover your mouth with the fold of your arm.

**8) Keep the environment clean**

Currently, there are many disinfection activities driven by institutions and community initiatives. Public facilities such as airports, markets, stations, terminals and others need to be disinfected regularly. For homes, it is enough to mop the floor twice a day. Clean equipment that is often touched by hands with disinfectant, such as door handles, refrigerator handles, stair railings, cell phones, tables, chairs and so on.

**9) Avoid crowds and keep a safe distance**

According to research, *droplets splash* out of the mouth an average of 1.8 meters. Therefore, keep your distance from other people at least two

meters. Don't gather in crowds because there is a big potential for transmission. Avoid physical touch such as shaking hands, because it can be a medium for transmitting the virus from hand to hand. Therefore, the 3M protocol (wearing a mask, maintaining distance, washing hands) is something that every individual must implement. For all mobility/ activities, humans have created protocols to ensure they can do it walk safely in the midst of the Covid 19 pandemic.

## **CONCLUSIONS AND RECOMMENDATIONS**

In Sidoharjo Village I Pasar Miring The public still lacks a lot in knowing about Covid-19 , so the red zone status has hit Sidoharjo I Pasar Miring Village. Even though this village now has green status, people are still required to be alert and follow the protocols implemented by the government by maintaining distance, wearing masks, and washing their hands with soap. Even so, until now they only know that this virus is deadly, but do not know that this virus can be transmitted if exposed to fluids. It is hoped that the team 's outreach will make people more aware of the dangers of the Covid-19 virus. So that it makes people care about the environment and the health of themselves and their families.

Recommendations are expected by the community For obey protocol health Which Already be delivered by government so that No There is Again victim Which affected with virus This. Public Also advised For still obey protocol health And Also Which has be delivered by government. Then people are better off consuming more drinks and food nutritious or other health drinks to maintain the body's immune system awake. Besides that public also have to maintain their immune system.

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