

The Urgency of Zikir in Modern Life

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ABSTRACT

Remembrance is an attempt to approach humans as a servant to God Almighty. In this paper, we will examine the form of remembrance in its urgency in modern life. This study uses a type of library research, data sources are collected from primary sources and secondary sources, then analyzed using content analysis. The results of the study stated that there are ways of remembrance in ginger (loud) and sirri (slow) ways. While the forms of remembrance found in the Qur'an and Hadith include istighfar, tahmid, tasbih, tahlil, takbir, prayer, hauqalah, prayer. the practice of remembrance in the phenomenon of modern life there is a salawat remembrance assembly.

INTRODUCTION

Nowadays is a time of anxiety where the problems of life can be seen and felt anywhere and anytime, this is happening because of the ever-increasing needs of life, as well as technological developments that innovate very quickly throughout the world. This makes humans neglect to worship Allah, humans are only busy pursuing the world and forget to provide life in the hereafter.(Maslahat, 2021). Every human being wants peace within him, the source of peace is the presence of God within him.

In Islam, remembrance is one of the main teachings that is practiced in all conditions and situations. Dhikr is very urgent in all human life. The order of remembrance is based on the Qur'an, hadith, and the consensus of the scholars. These types of remembrance include: remembrance of monotheistic sentences, remembrance of patience, remembrance of liberation and remembrance of deliverance. As for the benefits of strengthening a servant's faith, freeing someone from all worldly darkness, protecting oneself from the whispers or temptations of Satan, reassuring for the soul, bringing grace and good luck.(Burhanuddin, 2020).

The purpose of remembrance is to purify the soul and cleanse the heart and build conscience, making the heart peaceful, the soul alive, life is always overshadowed by happiness. By reciting the name of Allah and contemplating his greatness and majesty the heart becomes peaceful and serene. Dhikr gives birth to an attitude of optimism and that is what can eliminate anxiety.(Jasmadi & Muslimah, 2016).

In this paper, the author is interested in discussing various forms of dhikr and the life of modern society, which is preoccupied with worldly affairs, so that there is almost no time to do dhikr, which is an order from God.

LITERATURE REVIEW

In language, dhikr comes from the word ذَكَرَ which means remembering, mentioning, and remembering, pronouncing, glorifying, purifying, guarding, understanding.(Faisal Muhammad Nur, 2017). In terms of terminology, remembrance is any utterance that is strung together for the purpose of praising and praying in the form of recitation used to worship Allah SWT related to glorifying him, and praising him, by glorifying and tauhiding him, by being grateful and glorifying his substance, by reading his books, by beg him or pray to him. Dhikr is an effort made by humans to remember the greatness and majesty of Allah SWT so that humans do not forget their creator and avoid the disease of pride and arrogance.(Mustaqim, 2021).

According to Fatah, dhikr is interpreted by remembering the arguments and ways of Allah. People who recite Allah will open the eyes of their hearts and expand their chests and will surely get good fortune and happiness in this world and in the hereafter. In fact, by only remembering Allah SWT, the hearts of the believers will become calm and their anxiety will disappear because they are afraid of him.(Fatah, 2019).

In the summary of fi zilal al-Qur'an commentary, the word remembrance is also interpreted as remembering, that is, those who believe and their hearts become peaceful by remembering Allah SWT. In the interpretation of al-Azhar,

dhikr is defined as remembering. The origin of remembrance is remembrance, but in remembering Allah SWT in the heart and the remembrance is also made with the utterance of the tongue. Dhikr is not given a time limit, remembering Allah SWT can be while standing, sitting, lying down, while on land and at sea, while traveling, at home, in a state of wealth or poverty, in sickness or health, in secret or in reality and in circumstances anything. (Sayyid Qutb, 2004).

Al-Tabari also stated that remembrance is an order for those who believe and believe in the existence of Allah SWT to always remember Allah through the tongue with words and all other members of the body with actions. So that all members of the human body are never separated from remembering Allah in a state of health or illness. Allah SWT ordered humans to praise him by saying tasbih, tahmid, tahlil and takbir. (Jaris Ath Thabari, 2007).

Meanwhile, today's modern life, which is an important part of human life is how humans determine their fate in the future. Humans as intellectual beings, must be able to build his life along with the development of culture and society which from every decade has changed, so that it is increasingly day by day will leave the characteristics of the old culture. It is this societal culture that sometimes causes loss of human identity as a highly intellectual being. With the development of human civilization, content and form also developed including development of education administration. (Suwarno et al., 2021).

METHODOLOGY

This study uses library research methods. Library research is research that is carried out using literature (library), either in the form of books, notes, or reports on the results of previous research. (Zed, 2004) data sources consist of primary and secondary data sources. data analysis used in this research is content analysis. a technique used to analyze and understand text. (Khusnul Auliyah, Suwarno, Uswatun Chasanah, 2021).

RESULTS AND DISCUSSION

Zikir can be done verbally or silently. Orally in various kinds of pronunciation of thayyibah sentences taught by the Qur'an, or the hadith of the prophet. Zikir of the heart can be in the form of repeating Allah's names in the heart or in the form of contemplating the majesty, glory and signs of Allah's greatness. Both are important (useful) either as a means of getting closer to Allah or answering various problems faced, more so in modern human life where the influence of materialism is very strong. (Ahmad, 2015).

There are various forms of dhikr; first zikir jahr, namely by expressing a recitation that can move the heart to always remember Allah. Pronounced by the mouth and the sound that is issued can be minimally heard by oneself while the maximum is not determined. Zikir Jahr his voice is clear and you can see the tremors of his lips saying it. This reading of remembrance of jahr is a reading which essentially apologizes to the Creator and hopes to receive forgiveness from Allah. The reading is in the form of praise to Allah, glorifying Allah's name. These readings include: Astaghfirullah, Subhanallah, Laa Ilaaha Illallah. (Muhtarom, 2016). Second Remembrance Sir is a very secret

remembrance, only those who recite and Allah knows. Remembrance Sir uses feeling because it cannot be seen with the eye that he is doing dhikr even though he is reading, eating, even sleeping. The pronunciation of the sentence is "hu Allah" in every activity. In remembrance sir humans remember Allah, feel the presence of Allah, realize the existence of Allah. The purpose of dhikr sir is to go to oneness (Ahad), namely by feeling the presence of God within oneself, because if one does not feel that there is God within one's self, one does not know God or understand God.(Ahmad, 2015).

There are various kinds of zikir sentences. First, The word istighfar comes from the word gafara which means closing, erasing. Saying Istighfar means that humans ask Allah for . cover, erase his mistakes and disgrace, because Allah swt has the nature of gaffar. Islam teaches Muslims to always make more istighfar to Allah SWT, as explained in Q.S. Noah [71]: 10 Then I said (to them), "Ask your Lord for forgiveness. Verily He is Most Forgiving.(Al-Qur'an, 2019). The function of istighfar can mean a request for protection from Allah, so that humans can prevent themselves from committing sins, asking to avoid the dangers caused by sins committed, including asking to be erased from minor sins committed, and asking for protection so that they no longer fall into sin. little sins. In addition, istighfar can also function to free humans from distress and relief from narrowness, and give them sustenance.(Muniruddin, 2018).

Second, Tahmid. The word Tahmid comes from the word hamd which means to praise or give praise. The word Alhamdulillah is also named hamdalah. Tahmid is a greeting addressed to those who are praised for their good behavior and actions. Alhamdulillah means all praise be to Allah. Praising Allah SWT is an act of gratitude since the beginning of this earth being brought together for the abundance of divine favors that contain gratitude and praise. Because of that, it's natural to start everything by praising it and end something by praising it. The word of Allah swt is deep QS. Al-Qasas [28]: 70. He is Allah, there is no god but Him. For him is all praise in this world and in the hereafter and for him (also) all judgments. Only to him you are returned.(Al-Qur'an, 2019). If someone has often said Alhamdulillah from time to time, then he will feel that he is in the outpouring of the grace and love of Allah SWT, if he gets a trial he also says Alhamdulillah because he realizes that what he is feeling is really a test, but the abundance of gifts is already present. so much so, that the ordeal was no longer compared to the many gifts he had so far earned and enjoyed.(Dwi Kumala et al., 2019).

ThirdTahlil. The word Tahlil comes from al-Ilah which means worship. Ibn Taimiyah said that al-Ilah is the one who is worshiped and obeyed. The one who deserves to be worshiped, loved with the highest love, and exalted with full submission is Allah. The sentence Lailaha illallah is repeated three times in the Qur'an, including in Q.S. Muhammad [47]: 19. Know (the Prophet Muhammad) that there is no God (worthy of worship) but Allah and ask forgiveness for your sins and (the sins of) believing men and women. Allah knows your place of activity and place of rest.(Al-Qur'an, 2019). The scholars emphasized that the word ilah is everything that is worshiped, whether it is an offering that is not justified by the creed or justified by Islamic teachings,

namely Allah SWT. Therefore, if someone says Lailaha illallah then he has annihilated all Gods worshiped by anyone except Allah. The sentence Lailaha illallah can cleanse the heart of all the despicable qualities that are in the mind of the person who makes dhikr. In addition, someone who always says the phrase Lailaha illallah sincerely will get intercession on the Day of Judgment.(Burhanuddin, 2020).

Fourth, Tasbih. The word Tasbih is a form of the word sabbah which has several meanings including; distance, which means keeping Allah SWT away from all bad things; running, meaning people who glorify are people who run and hasten in worshiping Allah SWT. The third meaning basically also implies moving away from the edge or original position. With this meaning, the person who glorifies is the person who swims with his heart in the ocean of the power of Allah SWT. It can also be equated that the person who swims can save himself from drowning, so the person who glorifies can save himself from associating partners with Allah SWT and revives him by always remembering him.(Muniruddin, 2018) Exaltation in the sense of religion implies keeping God away from all the qualities of weakness and ugliness. By saying Subhanallah one acknowledges that there is no attribute or deed of Allah SWT that is less than perfect, let alone reprehensible, there are no provisions that are unfair to all of His creation.(Kumala et al., 2017).

Fifth, Takbir. The word takbir terminologically is a form of glorification or greatness of something over another, both in speech and behavior so that the other becomes small and can be completely insignificant when compared to the one being exalted. the word takbir in the Qur'an, is designated solely to Allah SWT by exalting the substance and nature of Allah SWT who is almighty and the meaninglessness of all creatures. Takbir has a great position and good reward with Allah SWT, this is in accordance with the word of Allah in Q.S. Al-Isra [17]: 111. Say, "Praise be to Allah who does not adopt a child, has no partner in his kingdom, and does not need a helper from humiliation! Exalt Him in high heights!"(Al-Qur'an, 2019).

Sixth, Salat (Prayer) .Prayer is the most perfect worship given by Allah SWT to mankind. Prayer is a way of worshiping Allah in which all elements in human beings such as body, heart and spirit are involved in worship. The implementation of a perfect prayer is not enough just to use the body in the form of standing, bowing, sitting, prostration. But it needs to be accompanied by feelings physically and mentally. Prayer orders have been explained in the Qur'an, Q.S. Thaha [20]: 14 Allah swt says: Verily I am Allah, there is no god but Me. So, worship Me and establish prayer to remember Me.(Al-Qur'an, 2019).

Seventh, Hauqalah .(lahaula wala quwwata illa billah). The sentence Hauqalah comes from the word hala-yahulu which means to block. There are also those who understand it taken from the word hawwala-yuhawwilu which means to divert. Hauqalah means that there is no ability to prevent a disaster and there is no power to bring benefit unless it comes from Allah SWT. The second meaning of Hauqalah means that there is no transition from a situation or job except by Allah's permission and will, humans have absolutely no

strength and ability without Allah's permission. The Messenger of Allah said that Hauqalah is one of the keys to heaven, as the Prophet said: "Rasulullah saw. taught 'Abdullah ibn Qais a sentence which is a savings in the hereafter to obtain heaven, namely lahaula wala quwwata illa billah."(An-Naisaburi, 1994). This sentence is a recitation of remembrance which should always be said, because this sentence contains a very deep meaning. For someone who understands its meaning, it will develop in him a feeling of tawadu' and a high monotheistic faith, because a firm belief will arise that everything comes from God.(Muniruddin, 2018).

Eighth, Do'a. The word do'a comes from the Arabic da'a-yad'u-du'aan which means to call, beg, ask and praise. Prayer is an effort to make a request to Allah SWT steadfastly and in a certain way as a means to achieve a need. One type of worship that is very closely related to dhikr is prayer, because prayer is one part of dhikr. Even prayer is the main or core of worship. In Q.S. Ghafir [40]: 60. Allah SWT says: Your Lord says, "Pray to Me, I will surely allow you (what you hope for). Indeed, those who are arrogant and do not want to worship Me will enter (hell) Hell in a state of humiliation."(Al-Qur'an, 2019).

Ninth dhikr of patience with the recitation of Istirja' In the Al-Qur'an Al-Baqarah [2]: 155-157 it is explained that in this life there will be trials from God in the form of fear, hunger, lack of property, soul and fruits. When disaster strikes, as God's creatures, we must be patient with the trials that have been given by reciting the remembrance of patience (Inna Lillahi Wa Inna Ilaihi Raji'un).(Suwarno, 2020). The person who utters it must absolutely surrender everything to Allah with full awareness that Allah is the All-Willing of all nature. Nothing happens in the heavens or on earth but on the basis of its irradah. This remembrance is special, for those who have been hit by a disaster or for people who hear someone or a group of people who have a disaster.(Muniruddin, 2018).

Tenth Dhikr of Liberation La Ilaha Illa Anta Subhanaka Inni Kuntu Minal Zalimin. This remembrance is called the remembrance of liberation because the prophet Jonah as was freed from the belly of a large fish and was tossed about by the waves, the prophet Jonah was overcome by fear and then he humbled himself and made up his mind, made remembrance by purifying Allah, asking Allah for love. This recitation of the remembrance of the prophet Jonah is used as Ism Allah al-A'zam (the name of the Greatest Allah) and is recited as an introduction to a request (prayer). Scholars make this as an introduction to prayer because the Prophet said: "Jonah's call when he was in the belly of a fish, if a Muslim asks him, what he asks for will surely be granted".(Al-Qur'an, 2019).

Eleventh, Remembrance of deliverance from the jinn (Al-mu'awizatain) Jinn according to many verses of the Qur'an are obvious enemies to humans. It not only tempts people to fall into sin, but can also enter the human body, travel in the blood and attack the brain system (nashiyah). If this is the case, then removing it is by zikrullâh because dhikr protects humans from it. The letter (verse) that is read is the letter Al-mu'awizatain (al-Falaq and al-Nas) as once read by the Messenger of Allah when he was sick from the magic of Labid

bin al-A'sham whose magic was in the form of a scroll kept in the well under the a big rock. The Messenger of Allah ordered 'Ammar bin Yasir to draw the water and lift the stone, then take a roll of rope consisting of 11 knots. Every time the Prophet said a verse from the letter, the knot was opened.(An-Naisaburi, 1994).

In several hadiths it is mentioned that there are many verses of the Qur'an (certain letters) which can be used as medicine to escape or protect one from devil's disturbances (magic) such as al-Fatihah, al-Rahman, al-Ikhlās, verse chair (al-Baqarah: 255), and other letters contained in verses of the Qur'an, if we believe in Allah and follow all the things he commands, we will be protected from interference by jinns in the form of magic and so on.(An-Naisaburi, 1994).

Nowadays, we encounter many phenomena of Assembly of Dhikr in various regions. The Rasulullah Assembly is one of the largest youth prayer and remembrance assemblies in Jakarta led by Habib Munzir bin Fuad Al-Musawa. He preached from house to house in Jakarta, after walking for about six months, then Habib Munzir began to open assemblies every Tuesday night following in the footsteps of his teacher Al Habib Umar bin Hafidz. Every Tuesday night, Habib Munzir opens night assemblies from house to house to teach basic Fiqh. However, the community was less enthusiastic about following and accepting his guidance. Then Habib Munzir looked for reasons so that people would be interested in studying religion, leaving evil and loving the sunnah of the Prophet.(Ibrahim, 2017) Habib Munzir changed his delivery by providing guidance and advice from the Hadiths of the Prophet and verses of the Qur'an with Amr Ma'ruf Nahi Munkar, and complemented his delivery with literary language combined with contemplation on the creation of the universe, and directed the public so that the apostle became an idol.(Suwarno, 2017b). This study was growing until Habib Munzir moved the assembly from the Musholla to the Musholla, because of the dense congregation he finally moved to the mosque.(Dedi, 2022). This assembly was given the name "Majelis Rasulullah", its center at the Almunawar Pancoran Grand Mosque, South Jakarta, the number of worshipers who come is around 10,000 every week. Habib Munzir then expanded his preaching in several areas of Jakarta and its surroundings, and now it has reached all areas of the islands of Java, Bali, Mataram, West Irian, even Singapore, Johor and Kuala Lumpur, as well as private TV stations, even VCDs, monthly magazines , etc. Apart from that, it also extends to the Internet Network which is named "Majelis Rasulullah Website". After Habib Munzir died, the "Rasulullah Assembly" was given to Habib Umar bin Muhammad bin Salim Bin Hafidz. On the night of Thursday 18 September 2013, Habib Umar handed over the "Majelis Rasulullah" to Al Habib Muhsi bin Idrus Al-Hamid.(Maryati & Suhaemi, 2019).

The vision of the Rasulullah Assembly is to invite the public in general to be able to know thoroughly the figure of the glory and majesty of the Prophet, who by knowing him will awaken a love for his sunnahs and make the Prophet as an idol, as an example and as a support so that society can be created.(Suwarno, 2017a). Da'wah is the main mission of all the activities carried out by the Rasulullah Assembly, and the da'wah is always expanded

and provides choices and conveniences to the wider community in general and young people in particular so that they can receive the delivery of da'wah carried out by the Rasulullah Assembly. (Hs. Bunganegara, 2020).

The Prophet's Assembly has weekly, annual and traveling assemblies, such as; Weekly Routine Recitation which is routinely held every Tuesday night at 20.30-22.00 WIB at the Jami' Al-Munawar mosque, Pancoran, South Jakarta. The recitation discussed the hadiths of Rasulullah SAW, and other routine recitations, namely every Friday night at 20.30-22.00 WIB at the Dalail Khoirt Cidodol building, West Jakarta. Then annual recitations such as the Prophet's Birthday, Isra' Mi'raj, Nuzulul Qur'an, Nisfu Sya'ban and the Islamic New Year which are usually held at Monas. The event will take place even if it has received permission from the authorities such as the local government, otherwise the recitation will be transferred to the Istiqlal Mosque or other places. Furthermore, the traveling assembly on Saturday night and at the same time pilgrimage. However, after Habib Munzir died, this activity was no longer carried out. (Dedi, 2022).

The Urgency of Remembrance in Modern Society today it becomes important to reduce the negative influence that the modern worldview has in its various forms. The impact of science and technology which is very developed at this time has taken a human perspective and even negligent in his life. As a result, modern humans view life as only real, apart from basic values, especially in religion. In today's modern life there is a tendency in certain social groups towards alienation from their God and the social environment. The main thing that influences it is due to the development of science and technology. (Ngafifi, 2014). This alienation of the modern human soul must be treated by changing its thinking in the awareness that visible material reality is temporary and futile. One of the ways to treat modern human thought is by remembrance. (Burhanuddin, 2020) Dhikr is an awareness of the presence of Allah SWT. anywhere and anytime. Dhikr is one of the important types of worship in Islamic teachings, because dhikr is a means to get closer to Allah SWT. Allah says in Q.S. Al-Ahzab [33]: 41 O you who believe, remember Allah with as much remembrance. (Al-Qur'an, 2019).

This verse commands to always make dhikr to Allah swt. whether standing, sitting or lying down, day and night, at sea or on land, while traveling or not traveling, whether rich or poor, in health or in sickness, secretly or openly. When the heart is immersed in zikrullah (remembrance of Allah) it will increase appreciation and love for God. If people always remember Allah under any circumstances, and realize that they are present before the Almighty, they will certainly refrain from doing something that is not in accordance with their pleasure and avoid doing things that will incur their wrath. (Kumala et al., 2017). People who always recite humbly, their hearts will be brighter with divine light and will continue to be closer to it. The closer to God the calmer the soul and all forms of modern human moral crises can be overcome because his heart is bound again with various forms of modern worldviews. He is no longer "alien" and no longer feels deprived of affection because there is a Most

Compassionate and Most Merciful. His love is bigger than everything. (Munirudin, 2018).

Remembrance has special features, among others, is food for the heart, if you don't get it, the body becomes like a grave and dies. Dhikr is water that can quench thirst in the middle of the journey, is a medicine that cures disease. If they don't get it, their hearts will shrink, because dhikr is an intermediary and a link between themselves and Allah swt. Dhikr to Allah swt is also an effort to improve the quality of the heart. (Burhanuddin, 2020).

With remembrance will repel disaster and get rid of distress, so that the calamity that befalls will be lighter. If there is a disaster that comes, then they take refuge in Allah by multiplying dhikr. As the words of the Messenger of Allah said: "There is no deed done by Adam's children and grandchildren, which frees him more from the torment of Allah swt than the remembrance of Allah swt". Thus, people who place dhikr as part of their lives and practice dhikr seriously, will not have any worries in living their lives, will not have doubts in carrying out the truth, will not have grudges and jealousy and will not be prejudiced against other people. Their hearts are calm and their souls are peaceful. (Dwi Kumala et al., 2019).

Modern humans who are influenced by the modern world's perspective should realize that their lust for anger is greedier than the fish that swallowed the Prophet Jonah. The fish that swallowed the Prophet Jonah might be able to wipe out a hundred years of life, while the lust of modern man's anger seeks to destroy the lives of hundreds of millions of years of pleasant and happy eternal life. Therefore there is no other way except to follow the Prophet Jonah to awaken himself (admit that there was injustice committed), then he recites (praises) by praising the greatness of God. (Dedi, 2022).

Likewise, the challenges of modern human life, may occasionally face failure, perhaps due to the negligence of human endeavor or natural factors that indicate the limitations of human capabilities are a way for humans themselves to achieve more. The key to success lies in patience. Patience which is manifested in the form of reciting *istirja'* (Inna lillahi wa inna ilaihi rajiun) will give rise to the psychological strength of faith. Those who are patient with reciting these recitations in essence free themselves from the attachments of the material world which often enslaves and shackles life. (Kumala et al., 2017).

CONCLUSION

Dhikr is praise to Allah that is repeated. Dhikr is a worship activity in Muslims to remember Allah. Among them by chanting and praising the name of Allah. Dhikr can be done at any time in daily activities. Besides that, by reciting it, you can get a lot of benefits and advantages that will be obtained.

In today's modern times, where there have been a lot of changes and competition that makes humans neglect their God. One of the efforts to get closer to the almighty is by doing dhikr. Zikr has many benefits, including; can facilitate business, expedite sustenance, and many other benefits.

There are several ways that can be done to keep doing dhikr in the midst of everyday life, including; dhikr when finished praying, dhikr using easy

sentences, dhikr in free time, dhikr by participating in science assemblies, and dhikr using existing media/technology.

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